

# PROGRAMME PLAY HANDBALL SUPERCUP

## **Train-the-Trainer WORKSHOP**

"play fair for a sustainable future"

### Friday, 27<sup>th</sup> October 2017

WHERE: German International School Cape Town/DSK

(28 Bay View Ave, Tamboerskloof, outdoor-sports-field)

This workshop equips you with the knowledge and tools on how to use the team sport handball as a tool to address climate change and teach knowledge about environmental issues.

#### What to bring:

- Please bring sport apparel/ comfortable clothing and sport shoes for the practical session.
- A pen and paper for notes
- Great excitement and will to share knowledge and experiences

#### Programme (Status 23.10.2017)

When	What	How
8:00 - 8:30	Registration & Welcome	
8:30-9:30	<ul> <li>Session 1: Environmental Issues &amp; Sport</li> <li>What kind of environmental challenges are we facing?</li> <li>Sport for development: Why is sport important and how can it be used to solve such issues?</li> <li>Theory</li> </ul>	Plenum (by Waste- ED(C.Mostert & PHZA/N.Scholl)
09:30 - 09:50	<ul> <li>Session 2: Structure of Training &amp; Introduction in the Manual</li> <li>Training Methodology &amp; Structure; Introduction in the manual</li> <li>Theory</li> </ul>	Plenum (by PHZA)
09:50-10:10	Tea Break	
10:10-12:00	<ul> <li>Session 3: Recycling &amp; Soil</li> <li>How to play the AIR + WATER games?</li> <li>Theory &amp; Praxis</li> </ul>	Plenum & Group Work (by PHZA)
12:00-13:00	Lunch	
13:00-14:30	<ul> <li>Session 4: Air + Water</li> <li>How to play the AIR + WATER games?</li> <li>Theory &amp; Praxis</li> </ul>	Plenum & Group Work (by PHZA)
14:30-15:00	Recap, Evaluation & Fare well	

Kindly supported by

Our partners





WASTE-ED education facilitation consultancy







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