



TRAINING SEMINAR

LEADING IN PUBLIC LIFE: WOMEN, INFLUENCE AND POWER PROGRAMME



The Konrad-Adenauer-Stiftung's Rule of Law Program for Sub-Saharan Africa in collaboration with the Nelson Mandela School of Public Governance at the University of Cape Town launched the 'Leading in Public Life: Women, Influence, Power Programme (WIPP)' in June 2019. This was part of Nelson Mandela School's objective of promoting strategic public leadership development in Africa.

WIPP is a leadership fellowship for African women working in the rule of law sector that seeks to promote solidarity and ambition and ultimately enhance democracies with more women with legal training in public leadership positions.

The workshop took place between 5th and 7th of June 2019 in Cape Town, South Africa bringing together twenty one (21) women from six African countries working in the rule of law sector.

The programme structured along the following themes;

- Self – Capacity to be an effective, courageous and ethical agent
- Our Context – Capacity to drive change and create spaces for women leaders to flourish
- Our Society – Capacity to leverage women's leadership for social justice

It covered *inter alia*,

- Self-knowledge and self-mastery
- Self-confidence and assertiveness
- Strategic leadership and negotiation skills
- Conflict resolution and difficult conversations
- Work-Life balance and building resilience
- Well-being, including stress management and mindfulness practices
- Team building, networking and collaboration
- Ethical decision-making in complex contexts
- Public speaking, communication and social media
- Africa in the world today
- Gender and Politics
- “What I wish I knew before I entered public/political life?”

It involved a combination of inspirational speakers, experiential learning, individual reflection, coaching and a mentoring dimension and team engagement. Among the trainers and facilitators were Rachel Nyaradzo Adams, Dr. Maria Phalime, Ms. Penny Parezee, UCT’s Vice-Chancellor, Prof. Mamokgethi Phakeng, Letty Chiwara and Pregs Govender.